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Form Fit® Advanced Back Support

Part #	Size	Waist	U/M
209143	Small	25" - 30"	1 ea
209145	Medium	30" - 34"	1 ea
209147	Large	34" - 38"	1 ea
209148	X Large	38" - 42"	1 ea
209149	XX Large	42" - 56"	1 ea
209151	XXX Large	56" - 60"	1 ea

Simply add an E before the part number when ordering Hot/Cold Therapy Gel Pad except for XXXL.

Hot/Cold Therapy Gel Pad

Part #	Size	U/M
GB19028	Universal	1 ea

Suspenders

Part #	Description	U/M
10912	Clip-On	1 ea
10913	Sewn-In	1 ea

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**FORM FIT® ADVANCED
 BACK SUPPORT**



Life Without Limitations

Form Fit® Advanced Back Support



1



3



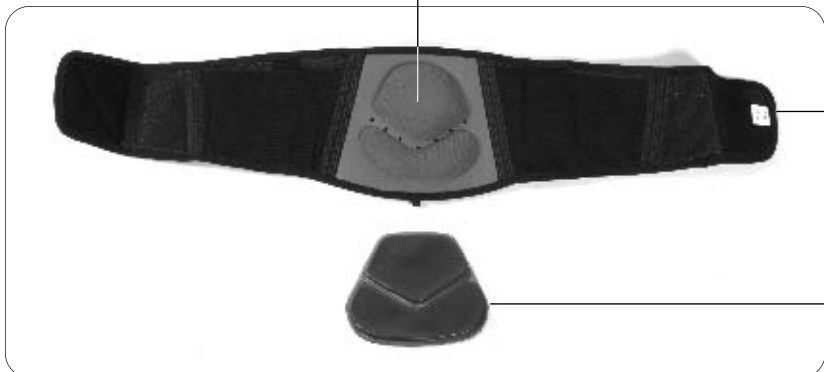
2



4



A.



B.

C.



D.

USES

Muscular low back ache, acute strains, chronic low back pain, and lumbar support

CAUTION

Patient should be instructed to inspect their back and this product before and after each use. This product may be placed under or over clothing. Do not place over a belt.

PHOTO CAPTIONS

- A. Double pull contact closure strap
- B. Contact closure
- C. Molded lumbar support
- D. Hot/Cold therapy gel pad (optional)

FITTING INSTRUCTIONS

1. If using hot/cold therapy, position gel pad on top of lumbar support.
2. Position the support such that the lumbar support is centered in the middle of the back and buttocks.
3. Fasten the contact closure to secure the support into place.
4. For additional support, pull the double pull contact closure straps from the left side and adhere in front of the abdominal area. Repeat on the right side.

HOT/COLD THERAPY

1. For cold therapy, remove gel pad from brace and place into a freezer for approximately 20 minutes to 1 hour. To reduce swelling, apply directly to the skin for 20 minutes.
2. For hot therapy, remove gel pad from brace and place in microwave oven for 20 second intervals at low setting until hot. Do not use oven or flame to heat the gel pad. Do not apply heated gel pad directly to skin. If too hot, allow to cool before applying.
3. Once gel pad is hot/cold, use contact closure tabs to adhere it into the brace to continue therapy. Diabetics and patients with vascular insufficiencies must always consult a physician before using hot/cold therapy.

WASHING INSTRUCTIONS

1. The brace may be cleaned using a mild detergent and cold water. Do not wash in washing machine.
2. Lay brace out flat on a towel and air dry. Do not squeeze or wring out the brace. Do not place in dryer. Do not place near heater. Do not use bleach or strong detergents.

Form Fit® Advanced Back Support is covered by one or more of the following Patent Nos. 5,695,452; 5,334,135. Other U.S. and foreign patents granted and pending. ® indicates registration in U.S.A. and selected countries only.