

# YOUR APPLICATION GUIDE

**ULTRASLING IV®** 

Before using this device please read the following instructions completely and carefully.

Correct application is vital to the proper functioning of this device.

#### **APPLICATION INSTRUCTIONS:**

To ensure proper fit, product should be sized on patient pre-operatively. Product is shipped with strapping and sling configured to address post-op or rehab for a right shoulder/arm. To convert for left shoulder/arm, detach sling from abductor cushion; flip cushion over so waist buckle is to front and the Left (L) symbol is facing up; attach sling to outside of cushion with Velcro strips.













- **1)** Release waist belt on cushion and forearm strap on sling (fig A).
- 2) Align cushion on the injured side at waist/hip level with elbow fixed at 90°. Contoured edge of cushion should be positioned to the back of forearm/elbow. Bring waist strap around back and attach strap with buckle at front of pillow (fig B). Adjust strap and trim as necessary for proper fit.
- 3) Place forearm into the sling with arm as far back as possible in the sling (fig C). Secure thumb strap (i) between the thumb and forefinger at front of sling. Secure forearm strap (ii) to sling and cushion (fig D).
- 4) Using your free arm reach behind your body and slip arm through shoulder strap (fig E). This motion is similar to a putting on a backpack. One strap should be over the unaffected shoulder (clavicular area) and the other under the arm (straps B & C). Adjust and trim both straps for proper fit.
- **5)** Secure shoulder strap A through O-ring on front of sling. Adjust ALL straps for adequate stabilization of injured shoulder (fig F). Remove Y-tabs on strap ends and trim as needed. Replace Y-tabs and secure straps.
- **6)** For exercise and rehab detach the outside quick release buckle on sling to increase the range of motion.

#### NOTE:

Large, flat O-rings on front (Pectoral/Clavicle) and back (Scapula) should be positioned for maximum patient comfort.

#### FOR O.R. APPLICATION:

Complete application steps 1 – 3 followed by: Unfasten one end of auxilla (underarm) strap. The auxilla strap is strap C for right arm or strap B for left arm. Bring shoulder strap (strap A) over and around neck area. Feed shoulder strap through O-ring at front of sling and secure. Bring auxilla (underarm) strap under arm and feed through flat O-ring. Secure strap with Velcro tab.

## **STEP DOWN OPTION FOR REHAB:**

To use the UltraSling IV without the Abductor Cushion, remove waist strap from cushion and buckle, thread waist strap through small D-rings located on front and back of sling. Secure strap around waist with Velcro tabs. Trim as needed.

In addition to the UltraSling IV DJO Global offers a complete line of shoulder immobilization products.





## **INTENDED USE/INDICATIONS:**

Post-operative rotator cuff repairs, Bankart procedures, Capsular shifts, Glenohumeral dislocation/subluxation, Soft tissue strains/repairs.

## **CONTRAINDICATIONS:**

None.

### **WARNINGS AND PRECAUTIONS:**

If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, consult your medical professional immediately.

#### **WARRANTY:**

DJO, LLC will repair or replace all or part of the unit and its accessories for material or workmanship defects for a period of six months from the date of sale.

### **CLEANING INSTRUCTIONS:**

Hand wash in cold water 30°C/85°F. Hang dry.



## UltraSling IV®

UltraSling IV leads the way in comfort and convenience. The three-point strapping system is easy to put on, while its unique design eliminates pressure on the neck, leading to increased patient comfort and compliance. The soft, breathable inner lining with mesh laminate helps improve ventilation. And, a new, contoured cushion provides the needed abduction while relieving pressure on the ulnar nerve. Ideal for post-operative treatment following Rotator Cuff repairs, Bankart procedures, Capsular shifts, Glenohumeral dislocation/subluxation, and soft tissue repairs/strains.

Part Number (X=size)		Description	Size
11-0455-X		UltraSling IV	
25-0446-3		UltraSling IV, Strap Kit,	S/M
25-0446-5		UltraSling IV, Strap Kit,	L/XL
Measure below elbow crease to base of index finger, fits right or left arm. $x = Size$			
X = 2 = S	Up to 11"		
x = 3 = M	11" - 13"		
x = 4 = L	13" - 15"		
X = 5 = XL	15"+		

For single patient use only. (RX Product) Latex free MATERIAL CONTENT: Nylon, Polyester, Spandex, Polyurethane

For more information, please contact your DonJoy Territory Manager or Authorized Distributor



DJO, LLC | A DJO Global Company

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